



School Information: MENUS ARE SUBJECT TO CHANGE BECAUSE OF FOOD ITEMS NOT BEING AVAILABLE. PLEASE CHECK WITH THE CAFETERIA FOR CHANGES



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month? **HILLSDALE IS AN EQUAL OPPORTUNITY EMPLOYER**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



CHEESE FILLED BREADSTICK **1**
 GREEN BEANS
 MARINARA SAUCE
 APPLESAUCE
 MILK

SUB SANDWICH **4**
 BAKED BEANS
 BABY CARROTS
 PEACHES
 MILK

CHEESE-STUFFED CRUST **5**
 PIZZA
 GREEN BEANS
 MARINARA SAUCE
 APPLESAUCE
 MILK

SPAGHETTI W/MEATSAUCE **6**
 SIDE SALAD
 STEAMED BROCCOLI
 BREADSTICK
 PEARS
 MILK

BEEF TACO W/CHIPS **7**
 TACO BEANS
 CHEESE,LETT.SOUR CREAM
 PINEAPPLE
 MILK

CHICKEN FRIES **8**
 OVEN FRIES
 CORN
 MANDARIN ORANGES
 DINNER ROLL
 MILK

BEEF FIESTADA **11**
 SALSA,SOUR CREAM
 GREEN BEANS
 PINEAPPLE
 MILK

POPCORN CHICKEN **12**
 M. POTATOES W/GRAVY
 CORN
 MANDARIN ORANGES
 DINNER ROLL
 MILK

LASAGNA ROLL-UP **13**
 PEAS
 STEAMED BROCCOLI
 DICED PEARS
 DINNER ROLL
 MILK

TOASTED CHEESE **14**
 SOUP
 SIDE SALAD
 APPLESAUCE
 MILK

CHEESEBURGER **15**
 OVEN FRIES
 BAKED BEANS
 PEACHES
 MILK

FRENCH TOAST **18**
 SAUSAGE PATTY
 SWEET POTATO TOTS
 VEGGIE JUICE
 APPLESLICED
 MILK

SALISBURY STEAK **19**
 M. POTATOES W/HGRAVY
 STEAMED BROCCOLI
 DINNER ROLL
 MANDARIN ORANGES
 MILK

CHICKEN NUGGETS **20**
 GREEN BEANS
 OVEN FRIES
 DINNER ROLL
 PEACHES
 MILK

MACARONI & CHEESE **21**
 GLAZED CARROTS
 PEAS
 DINNER ROLL
 APPLESAUCE
 MILK

TOTALLY TACO BITES **22**
 CORN
 SALSA,SOUR CREAM
 PINEAPPLE
 MILK

PRETZEL **25**
 CHEESE CUP
 GREEN BEANS
 CORN
 PINEAPPLE
 MILK

BREADED CHICKEN PATTY **26**
 OVEN FRIES
 MIXED VEGETABLES
 PEACHES
 MILK

PEPPERONI PIZZA DIPPERS **27**
 SIDE SALAD
 GREEN BEANS
 MANDARIN ORANGES
 MILK

GENERAL TSO CHICKEN **28**
 RICE
 STEAMRD BROCCOLI
 GLAZED CARROTS
 DINNER ROLL
 PEARS/MILK

CHEESE FILLED **29**
 BREADSTICKS
 MARINARA SAUCE
 GREEN BEANS
 APPLESAUCE
 MILK